

BETHANY FOOTBALL TEAM RULES

2018

1. Do not talk back or disrespect a coach. Learn the power of saying “Yes Sir”.
2. Thou shalt not STEAL. Violation of this rule will lead to an immediate dismissal from the team.
3. Foul and obscene language will not be tolerated.
4. The use of alcohol, tobacco and drugs are not allowed. Violations of this rule will result in suspension or dismissal.
5. Keep your locker, locker room and our facilities clean. Take pride on what we’ve been given.
 - No cleats in the locker room except on game day.
 - Flush the urinals and toilets.
 - Put your clothes in the laundry every day.
 - All cloth should be hanging in locker if staying overnight, including towels.
 - Locker should always be neat and tidy with helmet, shoulder pads, cleats and cloth goods in the correct place. Nothing should be laying on the bottom of the locker.
6. Horseplay in the locker room, showers, bus, field, school, or anywhere else is not allowed!
7. Hazing of any kind is strictly forbidden.
8. If you have any concerns about anything relating to this team come and talk to a coach face to face. We will be open and honest about anything with you from playing time to other issues. No parent meeting unless you have had a meeting with the coach yourself.
9. Twitter, Facebook, and all social media is not to be used to discuss our team, teammates, or coaches in ANY way. It also cannot be used to talk negatively about any student in Bethany Public Schools or any of our opponents.
10. Be present and on time for every meeting, practice, event, etc... Communicate with the coaching staff if you have an emergency.
11. Wear appropriate and required attire at all times!
 - Only white undergarments and socks are allowed during games.
 - Black shorts must be worn at practice unless we are in pants.
 - ALL pads must be worn in pants during practice or games.
 - Do not flip knee pads over in practice.

PLAYER DESIGNED CONSEQUENCES

Broncho Iron Minimum Attendance

- 1) Weightroom Workout After Two-A-Day Practice + 2 Laps Around Game Field
= 1 Broncho Iron Absence
- 2) Conditioning Workout After Two-A-Day Practice + 2 Laps Around Game Field
= 1 Broncho Iron Absence

Missing Practice

Excused

- 1st Offense - 1 Draw from Box of Death
2nd Offense - 1 Draw from Box of Death
& Apologize to Huddle Group
3rd Offense - 1 Draw, Apology to Group
& Reminder After Practice

Unexcused

- 1st Offense - 1 Draw from Box of Death
& Apologize to Huddle Group
2nd Offense - 1 Draw, Apology to Group
& Reminder After Practice
& Apology to Entire Team
3rd Offense - 1 Draw, Apology to Group
& 2 x Reminders
& Apology to Entire Team

**Each offense, either excused or unexcused, will include an extra Box of Death Draw if the player does not communicate the absence to the head coach or his Huddle coach.

Tardy to Practice/Meeting

- Less than 10 Minutes Late - 2 Laps Around Field
Between 10 & 30 Minutes Late - 2 Laps Around Field & Draw from Box of Death
More Than 30 Minutes - Use Absence Policy

Minor Culture Violation (Similar Offenses)

- 1st Offense - Draw from Box of Death
2nd Offense - Draw from Box of Death & Apologize to Huddle Team
3rd Offense - Draw from Box of Death & Apologize to Entire Team

Not Wearing Correct Gear to Practice/Workout

- 1st Offense - Make Gear Correct & Follow Tardy Policy Based on Lateness
2nd Offense - Make Gear Correct, Follow Tardy Policy & Draw from Box of Death
3rd Offense - Make Gear Correct, Follow Tardy Policy & 2 Draws from Box of Death

Other Possible Disciplinary Actions

- Broncho Reminder – Up down every 5 yards for 100 yards.
Coach Morgan– Stay after practice with Coach Morgan for extra conditioning.
Demotion – Loss of playing time or loss of a starting position.
Suspension – Loss of playing privileges for a set amount of time.
Dismissal – Complete removal from the team.

*****The list of possible punishments is not in any particular order. The coaching staff will treat each incident individually and decide what punishments are necessary.***